

Digital Parenting A guide to safer gaming





BlackBerry	3-5
iPhone/iPad/iPod	6-9
PS4	10-12
PS3	13-14
PSP	15-16
XBox One	17-21
XBox 360	22-24
Nintendo Wii	25
Nintendo 3DS/2DS	26
Windows 7	27-29
Youtube	30
Google	31-32
Checklist	33-35
Shoppers Checklist	36-37
Family Agreement	38
Jargon Buster	39-52



Step 1- Turn on Parental Controls

a. On the home screen or in a folder, click the 'Settings' icon.



b. Click 'Security and Privacy'.



c. Click 'Parental Controls'.





d. Select 'On' to turn on Parental Controls.



Step 2 - Set your Parental Controls password



Once you have turned on the Parental Controls feature, you will be asked to enter a password. To prevent children or other parties from changing the settings, your password will be required each time you access the Parental Controls menu.



Step 3 - Select Parental Controls options

ou can select one or more of the following options to allow or limit the use of the Parental Controls feature. Your options will be saved automatically.



For example:

- To allow phone calls and text messages from contacts only, select the Phone Calls and Text Messages checkboxes.
- To allow photos and videos to be taken, select the Camera and Video Features checkbox.
- To allow internet access, select the Browser checkbox.

Step 4 - Change your Parental Control settings



If you decide to change the settings at any time (for example, if you decide your child may have access to Facebook on their smartphone once they reach the age of 13), simply follow the instructions below.

- 1. a. On the home screen or in a folder, click the 'Settings' icon.
- 2. b. Click 'Security and Privacy', then 'Parental Controls'.
- 3. c. Enter your password.
- 4. d. Make changes to your options (these will be saved automatically).



Turn on Restrictions

You can turn on and adjust Restrictions on your device by following these steps.

- 1. Tap Settings > General.
- 2. Tap Restrictions

iPad 奈	10:54 AM	⊕ 31%E
Settings	General	
Airplane Mode		
Wi-Fi MO6C8	About	>
Notifications On	Sounds	>
Location Services On		
🙀 Brightness & Wallpaper	Network	>
Picture Frame	Bluetooth	On >
Seneral General	Spotlight Search	>
Salendars Mail, Contacts, Calendars		
Mafari Safari	Auto-Lock	2 Minutes >
🐻 iPod	Passcode Lock	Off >
Wideo Video	Restrictions	Off >
📌 Photos	Use Side Switch to:	
FaceTime	Lock Rotation	✓
T Notes	Mute	
Store	Date & Time	>
Apps	Keyboard	>
CNIN		





4. Tap Enable Restrictions and enter a passcode. You'll need the passcode to change your settings

or turn off Restrictions.

- uu - v	TO BO HIM	G. 4 ar 14 mm
Settings	General Restrictions	
Airplane Mode OFF	Allow:	
Wi-Fi MO6C8	Safari	ON
Notifications On	YouTube	ON
Location Services On	Camera	ON
🙀 Brightness & Wallpaper	FaceTime	ON
Picture Frame	iTunes	ON
General	ing Ping	ON
Mail, Contacts, Calendars	lnstalling Apps	ON
Matari Safari	Deleting Apps	ON
iPod	Allow Changes:	
22 Video	Location	>
🔎 Photos	Accounts	>
S FaceTime	Allowed Content:	
Totes	In-App Purchases	ON
Store	Ratings For	United States >
Apps	Music & Podcasts	Explicit >
COIN .		

How to Turn Off In-App Purchases





2.

Pad 🔶		10:55	AM		⊕ ÷ 31% ■
Settings	General		Res	trictions	
Airplane Mode OFF					
Wi-Fi MO6C8			Enable	Restrictions	
Notifications On		Set Pas:	scode Can	ncel	
Location Services On					ON
🙀 Brightness & Wallpaper		Enter a Restriction	ons Passcode		ON
Picture Frame					ON
General				-	ON
Mail, Contacts, Calendars					ON
Mafari Safari		1 <u>2</u>	3 DEF		ON
iPod	4	4 5	6		ON
Video		7 8	9		ON
🙊 Photos	PO	RS TUV	WXYZ		
FaceTime		0	×		>
T Notes	C A	ccounts			>
Store	Allow	ed Content:			
Apps	In-Ap	p Purchases			ON
CNIN					

Pad 🔶	11:04 AM 63
Settings	General Restrictions
Airplane Mode OFF	
Wi-Fi MO6C8	Enable Restrictions
Notifications	Allow:
Location Services On	Safari ON
🙀 Brightness & Wallpaper	YouTube
Picture Frame	Camera ON
General	FaceTime ON
🖄 iCloud	ITunes ON
Mail, Contacts, Calendars	Ping ON
Ywitter	Installing Apps
S FaceTime	Deleting Apps
🚰 Safari	Allow Changes:
Messages	Location >
Music	Accounts >
Video	Allowed Content:
Photos	Ratings For United States >
Notes	Music & Podcasts Explicit >
Store	Movies All >
Apps	TV Shows All >
🚆 Dallas Morning News	Apps All >
	In-App Purchases
	Require Password 15 minutes >



How to Remove a Credit Card From an iTunes Account

44 ▶ ▶▶ =							Q		
ile Edit View Controls Store	Help								
IBRARY J Music Movies TV Shows	Edit Payment	* Informati	Music on	Movies	TV Shows	App Store	Books	Podcasts	
TORE	Payment T	ype	_		k.				
■ Times Store PLATUSS 90's Music © Social Music © Classical Music1 © Music Videos © Mu	Card Numb Gard Numb Turnes din To redeem d Billing Add Mr. c Daniel	Cards and iTur Cards and iTur o code, click here ress	Expires Expires ares Gifts Nations	/	Security Cod	le D			
While My Guitar Gently	Alter Solids, I	TX	•	1986-498	United St	ates			
	294	1585388							
	Apple uses	industry-standar	i encrypt	ion to protect	the confidenti	ality of your pe	ersonal info	rmation.	
+. 0.									



What the parent can do	Explanation	How to set the controls
Make it safer for the child to use the internet.	Activate the PS4 system's web filtering software. This can help prevent access to dangerous or harmful websites.	Press the OPTIONS button while using the Internet browser, and then select [Settings] > [Security]
Prevent online chat and user- generated media.	Prevent your child from using text chat, voice chat, video chat and other messaging with other PlayStation Network users within games, apps or via the PS4 system software. A child will still be able to: a) send and receive uneditable, pre-determined text messages created by a game or app; b) create and see other users' in-game character names, designs and clan titles; c) use communication services via the internet browser unless specifically disabled. Please use the grief reporting system to report offensive or inappropriate behaviour or content. Prevent your child from posting or viewing user-generated content (including photos, videos, drawings, and content imported from outside sources) with other PS4 system users. User-generated media includes content created or imported by users in games, apps and PS4 system software. This will not prevent video capture of your child's online gameplay. These controls may not prevent your child accessing certain PS4 system applications, and do not prevent use of PlayStation®Network group messaging to send and receive friend requests and game invites.	Go to: "Settings" in the Function Area, then choose "Parental Controls" followed by "PSN Sub Account Management" When prompted, enter the passcode for the master account. The default setting is to block chat and user- generated media and to set a spending limit of 0.



Prevent access to content available on PlayStation Store based on age.	Prevent your child from seeing or downloading any content from PlayStation Store which is not suitable for their age. When your child first registers for PlayStation Network, a check is made between the age rating of the content and the age of the child. This control is automatic in some regions. Once content has been downloaded from PlayStation Store to the PS4 system, children may still be able to access the content if the parental control level on the PS4 system is not set.	
Set a spending limit for PlayStation Store.	Your child's sub account can spend funds from your master account's Sony Entertainment Network wallet. See Terms of Service at eu.playstation.com/legal for more information. You can set the maximum amount your child can spend each month on PlayStation Store.	

Important safety tips

If your PS4 is used by both children and adults, we recommend following these tips to make sure a child cannot play, view or purchase content unsuitable for their age, or make purchases you have not approved.

- Every time you switch on your PS4, the log in screen will give you the opportunity to create a "New User". Register a user account on the PS4 for each member of your household. That account can then be linked to that user's Sony Entertainment Network (SEN) account. In the case of your child, that should be the SEN Sub-Account you have set up for them. This helps to ensure your child always uses the PS4 with the parental controls you have set for them.
- When the PS4 system is switched on, it automatically displays each PS4 user account . Make sure you do not switch on the "Log In to PS4 Automatically" function ((Settings) in the Function Area [Login Settings]). This function will log any user straight to your PS4 user account whenever the PS4 system is switched on. This ensures your child can only use the SEN Sub-Account you have set up for them
- The PS4 system automatically signs you in to your SEN account when you log in. Set your PS4 to ask for a passcode at log-in to prevent children using a Sony Network Entertainment master account. To do this, go to:
 "Settings" in the Function Area > "Login Settings" > "Passcode Management".



- Ensure Ensure your child uses only the PS4 user and SEN Sub-Account you have created them by preventing them from registering as a new user or a guest on the PS4. Go to "Settings" in the Function Area > "Parental Controls" > "Restrict Use of PS4 Features" > "Select [New User] and Log In to PS4" > "Do not allow".
- The PS4 system requires a password at checkout for all purchases on PlayStation®Store. Ensure you do not switch off that function:
 "Settings" in the Function Area > "PSN" > "Account Information" > "Wallet Menu" > "Purchase Settings".

Player's Age	Under 3	3-6	7-11	12-15	16-17	18 and over
PS4 parental control setting	1	2	3	5	7	9
Highest appropriate game age rating		3 www.pegi.info	www.pegi.info	12 www.pegi.info	16 www.pegi.info	18 www.pegi.info



Security Settings

Adjust the system's security settings.

Hint

These settings control local content (digital content stored in the system storage, content on storage media and discs). Note that these settings do not restrict access to online content.

Change Password

Change the password required to adjust system settings. A password is required in the following cases:

- When playing content with parental control restrictions
- When changing the system's parental control level or Internet Browser Start Control setting
- When starting the browser with the Internet Browser Start Control setting set to [On].
- When changing the current password

Make a note of your new password. The password is set to [0000] in the default settings.

Hint

If you select 🚔 (Settings) > 📽 (System Settings) > [Restore Default Settings], you can reset the password to [0000]. Note that all other settings will also be restored to their default values.

BD - Parental Control

Adjust the playback level for BDs (Blu-ray Disc) set with parental control restrictions. A password is required to change this setting.

Do Not Restrict (Off)	Play any BD regardless of parental control level.
Restrict (On)	Only play BDs with the specified parental control level. After [Restrict (On)] is set, you can select an age restriction on the next screen. Note that the lower the value, the tighter the restriction.



BD / DVD - Parental Control Region Code

Set a region as a basis for standard parental control levels for BDs and DVDs. A password is required to change this setting.

United States	Set standard parental control levels for the United States.
Other	Set standard parental control levels for other regions.
	If you select [Other], you can select a region on the next screen.

DVD - Parental Control

Adjust the playback level for DVDs set with parental control. A password is required to change this setting.

Off	Play any DVD regardless of parental control level.
Level 8-1	Only play DVDs with the specified parental control level.
	Note that the lower the value, the tighter the restriction.



Parental Control Level

Some UMD[™] software have a preset parental control level based on the content. You can set the parental control level on the PSP[™] system to restrict the playback of a UMD[™] with a level that is higher than that set on the system. The parental control level of the system can be either turned off or set to one of 11 different levels.

Off	Turns off parental control
11-1	Sets the level of content to be restricted. A setting of [1] is the most restrictive; [11] is the least restrictive.

The combination of the parental control levels of both the PSP[™] system and the UMD[™] determine whether a UMD[™] can be viewed or not. The combination of the two levels is displayed in the table below.

				Pare	ntal (contr	rol le	vel o	f cor	ntent	1	
		1	2	3	4	5	6	7	8	9	10	11
	11											
	10											
Pare	9											1
ntal control level of sys	8		1								 	1
	7										1	1
	6										 	
	5										1	
	4											
tem	3		1								1	
	2											1
	1											
	: Co	nten	t car	bev	/iewo	ed.			: Con	tent	canı	not k

Example: If the parental control level of the system is set to [9], a UMD^m with a level from [1] to [9] can be played on the system.

Parental control levels on games

The parental control settings described for UMD[™] apply also to games and downloaded video content, if the content supports parental control.

Parental control settings for games vary depending on the region where the games are sold. For details, visit the <u>SCE Web site for your region</u>. Depending on your country or region, some software manuals may contain information about these settings. Parental control levels vary depending on the game.



For details on parental control levels on downloadable video content, contact the content provider.

Hints

- The parental control level of a UMD[™] can be checked under [Information] in the UMD[™] options menu. For a UMD[™] that does not include a parental control level, the Parental Control Level field under [Information] will display "-".
- A UMD[™] that has been restricted by the parental control setting will be displayed as (Restricted Content).



Manage your child's privacy and online safety on the Xbox One console

When managing a child's account, privacy and online safety together make up what are called "Parental controls". These settings are applied to the Microsoft account of each individual child, allowing parents to customise the Xbox One experience for each of their kids. To get started managing a child's privacy and safety settings, follow these steps:

- 1. Sign in to your console.
- 2. On your controller, press the **Menu** button.
- 3. Select Settings.
- 4. Scroll right to **Family**, then select the child profile that you want to modify.

Settir xboxonu	IGS	CONSOLE			FAMILY
4	About me	((ๆ))		N	Add to fam
2	Sign-in, security & passkey	Network	Kinect	Preferences	
0	Privacy & online safety	=	•		
1	Payment & billing	TV & OneGuide	Disc & Blu-ray	System	
SII	Subscriptions			٢	
俞	Sharing games & Gold	Display & sound	Closed captioning	Power & startup	



View and customise the privacy and online safety settings for your child

After you select your child's profile, you're shown the current privacy settings and content restrictions for that child:

Child	defaults	Access to content
More	private	Unrestricted
Teen d	defaults	Web filtering
Mode	rate	Turned off
A	dult defaults	Descriptions in OneGuide
M	lore social	Block explicit text
(Custom	Contact preferences

Select any default privacy setting to see its definition. You can keep the default setting as is, or you can customise it.



To customise a setting, select **Use, but customise**.



You're presented with various customisation options for each setting. Choose the options that best meet your family's online safety and privacy needs.

Press **B** on your controller to return to the previous screen.



View and customise the content restriction settings for your child

You can also manage your child's content restrictions from the privacy and online safety screen. Content restrictions set parameters for the films, music, apps and games that your child will have access to.

- 1. Select a setting to find out more about it.
- 2. Select **Access to content and apps** to open a menu that will show you the details of your child's current content restrictions.

en defaults bderate Ult defaults bre social block explicit text bre social block explicit text bre social block explicit text		 More private
Descriptions in OneGuide bore social Block explicit text stom Contact preferences	Web filtering Turned off	Teen defaults Moderate
stom Contact preferences	Descriptions in OneGuide Block explicit text	Adult defaults More social
	Contact preferences	Custom

3. Select the level of restriction that's appropriate for your child.



Hide listings in search, stores and apps

By default, the level of restriction that you set for your child is applied to searches, the store and apps. To remove this restriction, clear the check box next to **Hide listing in search, stores & apps**.

NDOX'S access to conte	ratings	DDS FOR UNITED STATES	
Access to content & apps Appropriate up to age 7		GAMES For ages 6 and up	
Hide listings in search, stores, & apps	G	MOVIES For all ages	
	Ϋ́́́́, Fv	TV For ages 7 and up	
	0+	MUSIC For all ages	
	7+	APPS For ages 7 and up	

The restriction will be removed for search, stores and apps, but it will still be applied to actual content. When you're finished, press **B** on your controller to return to the previous screen.

View and customise the web filtering settings for your child

Web filtering lets you choose the kinds of websites that your child can visit using Internet Explorer. To set a web filtering level for your child:

- 1. On your controller, press the **Menu** button.
- 2. Select **Settings**.
- 3. Select your child's profile.
- Under Content Restrictions, select Web filtering. Here, you'll see a menu that enables you to select the level of filtering that's appropriate for your child.
- 5. When you're finished, press **B** on your controller to return to the previous screen.



The Xbox 360[™] console lets you customise and manage your family's access to games, film and TV content. The Xbox 360[™] Parental Controls can be used to control the console itself and also to control access to the online service, Xbox LIVE.

Parental Controls allow you to control things such as:

- Which games can be played (e.g. are they age appropriate?)
- Which films and TV shows can be watched (e.g. are they suitable for your child?)
- How long each family member can use the console on a daily or weekly basis
- Whether or not someone can access Xbox LIVE (e.g. do you want your child to be able to play games online against friends and other people?)

Step 1 - Turn on console controls

- 1. a. On your console, go to 'Settings', then select 'Family'
- 2. b. Select 'On' to turn on Console Safety
- 3. c. Enter a 4-button pass code using your controller
- 4. d. Select 'Save and Exit'

Please note:

If you cannot see Settings on your console, you might be using an older version of the console software. You can find information on how to update your console software at <u>www.xbox.com</u>

ina ha	me social	tv video	games	music app	settings
			-gannes	nuse opp	i settings
		=			
	System	Preferences	Profile	Kinect	
	2	<u>_</u>	-	C	
	Account	Privacy	Eamily	Turn Off	

- 1. a. On your console, go to 'Settings', then select 'Family'
- 2. b. Select 'On' to turn on Console Safety
- 3. c. Enter a 4-button pass code using your controller
- 4. d. Select 'Save and Exit'



Step 2 - Decide what you want to control

• On O Off	Current Settings Game Rating: T Movie Rating: PG-13
Ratings and Content	TV Rating: TV-14 Explicit Content: Blocked
Family Timer	Unrated Content: Blocked
Xbox LIVE Access	Restrict games, movies, and TV shows by rating, manage game exceptions, and
Xbox LIVE Membership Creation	decide whether unrated or explicit conten can be played on this console.
Change Pass Code	
Reset to Default Settings	the second se
Save and Exit	

Ratings and content

These settings let you restrict games and video content based on the content's rating. You can also set whether or not unrated or explicit content can be played on this console. You can even set up exceptions for individual games that are outside of the rating restrictions you have set.

Family Timer

This setting allows you to limit the time that your console can be used on a daily or weekly basis.

Xbox LIVE access

This setting allows you to decide if your family can connect to Xbox LIVE from this console. Membership of Xbox LIVE enables you to do things like rent films and play games against other people online.

Xbox LIVE membership creation

This setting allows you to control whether or not new Xbox LIVE memberships can be created from your console.



Step 3 - Set the Family Timer

• Dany	Use the left stick to increase or
Weekly	decrease your time limit for the
Dff	selected time range.
	And in case of the local division of the loc
2 Hours	

Use the Family Timer to limit the amount of time that your family can use your console on a daily or weekly basis. Family members can see how much time remains by pressing the Guide button on the Xbox controller. When the time expires, the console shuts down and can't be used again until the Family Timer automatically resets the next day or week.

- a. On your console, go to 'Settings', then select 'Family'
- b. Select 'On' to turn on Console Safety
- c. Enter your 4-button pass code using your controller
- d. Select 'Family Timer'
- e. Select whether you want to set a 'Daily' or 'Weekly' timer
- f. Move down to the time period and use the left stick to increase or decrease the time period, then select 'Continue'
- g. Select 'Save and Exit'

Xbox LIVE online safety and privacy

Adult	€a	Current Settings
🔿 Teen	-10a	Not Allowed
O Child		Video and Music Status
Custom	40	
Customize		
		Friends Only Video Communication Profile Sharing
Save and Exit		Allowed
Cancel		

Xbox LIVE offers a variety of online safety and privacy settings so you can control the Xbox LIVE experience.



Follow these steps to set up Parental Controls:

- 1. Access the Wii System Settings from the Wii Menu.
- 2. Click on the blue arrow to reach the Wii System Settings 2 menu options.
- 3. Choose "Parental Controls" and select "Yes."
- 4. Choose a PIN code to ensure that your child cannot change your chosen settings. You will be asked to enter the PIN twice to confirm.
- 5. Select a secret question and answer in case you forget your PIN. This can used to retrieve access to Parental Controls if you forget your PIN.
- You can adjust the "Highest Game Rating Allowed" to be played on the Wii console. Please note that Parental Control settings do not affect Nintendo GameCube Game Discs.
- 7. The system will take you through a number of questions, where you'll choose which features to restrict. Select "Yes" to block the feature or "No" to allow it. Select "OK" to move to the next setting.
- Once you have completed all settings, confirm the setting is as desired by clicking the "confirm" button on the bottom right corner. You will be returned to the Wii System Settings menu.



Follow these steps to set up Parental Controls:

- 1. Open the System Settings software from the HOME Menu.
- 2. Select Parental Controls and follow the on-screen instructions.
- 3. Choose a PIN code to ensure that your child cannot change your chosen settings. You will be asked to enter the PIN twice to confirm.
- 4. Select a secret question and answer in case you forget your PIN. This can used to retrieve access to Parental Controls if you forget your PIN.
- 5. You can choose to register an email address; please choose an email address your child does not have access to. If you forget your PIN and the answer to your secret question, you can request for a master key to be sent to your registered email address, which will allow you to reset your PIN code. You will be asked to enter the email address twice.

Please use an email address that your child cannot access. A confirmation email will be sent to the registered email address. If you are using a spam filter, please ensure that your settings allow emails from @nintendo.net. The confirmation email also contains an electronic record of the serial number of your Nintendo 3DS or 2DS system.

- By default, all Parental Control options are enabled. You can individually configure the settings to your needs by selecting the separate topics. Please note that you will need the PIN code to access certain important functions, including Internet Settings and Format System Memory.
- 7. Once you are satisfied with your settings, tap the "Done" button to confirm. You will be taken back to the Parental Controls front screen.



With so many families having the Microsoft[®] Windows operating system on their home computer, Digital Parenting takes you through the built-in Parental Controls that Microsoft[®] offers in Windows[®]7.

Step 1 - Turn on Parental Controls

Control Panel Home	characterization in the second	0
	Choose a user and set up Parental Controls	
Game Rating Systems	Prinat can Like with Parental Controls.	
	Users	
	Alex Standard user - Parental Controls On Pastword protected	
	Guest-Test Standard user - Parental Controls On Password protected	
	Phil Computer administrator Password protected	Password pro.
	If you want to apply Parental Controls to someone who isn't in create a new user account for them to use	If you want to apply Parental C
	Why do I need an account for this?	in you want to apply Parentar C
	BCreate a new user account	create a new user account for a
	Additional controls	Why do I need an account for
		& Create a new user account
		ditional controls

First, make sure that your child has a standard Windows®7 user account.

Open Parental Controls by clicking the 'Start' button, click 'Control Panel', and then, under User Accounts and Family Safety, click 'Set up Parental Controls' for any user. If you're prompted for an administrator password or confirmation, type the password or provide confirmation.

Click the user account that you want to set Parental Controls for. If you haven't set one up yet, click 'Create a new user account'.

Under Parental Controls, click 'On', enforce current settings.

If Windows[®] Live Family Safety is installed on your computer, you will see a sign-in page and there is no need to continue with Steps 2-4 of this tutorial.



Step 2 - Set Time Limits



Click 'Time Limits'. In the grid, click and drag the hours you want to block or allow. Click 'OK'.

Step 3 - Choose which games children can play



Click 'Games', then choose one (or a combination of) the following four options:

- a. To block ALL games, under Can [person's name] play games?, click 'No'.
- b. To block games by age ratings, under Can [person's name] play games?, click 'Yes'. Under Block (or allow) games by rating and content types, click 'Set game ratings'. Under Which ratings are OK for [person's name] to play?, click a ratings level.
- c. To block games by content, under Can [person's name] play games?, click 'Yes'. Under Block (or allow) games by rating and content types, click 'Set game ratings'. Under Block these types of content, select the content types that you want to block.
- d. To block specific games, under Can [person's name] play games?, click 'Yes'.

Under Block (or allow) any game on your computer by name, click 'Block' or 'Allow specific games'. In the alphabetical list of games, find the game that you want to block, and then select 'Always Block'.



Step 4 - Allow or block specific programs



Click Allow and block specific programs. Click [Person's name] can only use the programs I allow. Select the programs that you want to allow. If the programyou want doesn't appear in the list, click 'Browse' to locate the program.

Windows Live[®] Family Safety

Windows Live® Family Safety lets you choose what your children see and who they talk to online and get reports of their online activity, as well as set the time and game restrictions as shown in this tutorial. You can find more information and setup instructions

at http://familysafety.live.com/getstarted



YouTube[™] Safety Mode[™] enables parents to choose whether to limit content on YouTube that might be unsuitable for their children

Step 1 - Go to safety preferences



Simply go to the bottom of any page on YouTube[™] and click the grey 'Safety' button to open the preference setting.

Step 2 - Turn Safety Mode 'on' or 'off'



Choose to turn Safety Mode 'on' or 'off' and click on Save. If you turn it on and you have a YouTube™/ Google account, you can sign in to your account and lock Safety Mode so that no-one else can change the settings whenever YouTube™ is accessed from that browser.



Google's SafeSearchTM filters give parents the ability to change their browser setting to prevent adult content from appearing in their children's search results.

Searching online is a popular activity among young people. Whether they're looking for information to support their hobbies and interests, researching their homework or simply trying to find the answer to a question that's been niggling them, GoogleTM is often their first port of call.

Step 1 - Go to www.google.com



Start typing a keyword in the search box and click 'Search'. The gear icon will appear on the right of the page. Click on the gear icon, then click on 'Search settings' in the drop down menu.

Alternatively, you can go to www.google.com/preferences to access Google SafeSearch[™].



Step 2 - Choose filter

114.0.	Said brown		
	and and an an and an an and an an and an an an an an an an an	O T F UNIT	4
	best logs by Pg talas has lost houses been t	COLUMN TWO IS NOT THE OWNER.	
Go	oogle		. 8414
	th Settings		
SafeSearch Filters	Aldream First Market Andream State and	and the for our	
How much explicit sexual content (web pages, images and videc results?	Reads or page	and the local	
No filturing Moderate Strict			
"oogle Instant predictions should we show you moults as you type? "here my computer is fast enough, "unroutly an for web search, Mac-			

On the 'Search Settings' page choose the level of filter you would like activated on your family's computer.

'Strict filtering' filters both explicit text and explicit images whilst 'Moderate filtering' filters explicit images only (NB: Moderate is the default filter setting on $Google^{TM}$).

Step 3 - Lock SafeSearch[™]

Google			
SafeSearch Lock Sign in to lock SafeSearch. Locking SafeSearch asis SafeSearch is use shich fillering and restricts offeer' ability to change this preference. Brut fillering fillers shot explaint text and resplicit images from your aserth results. Learn more How do I know that SafeSearch is locked? To indicate that SafeSearch is locked for this tensear we've added colored basis is the top of all aserth pages. If the solved balls are not present, then SafeSearch is no longer locked.	Sign in Email Passend	Congle	
Cooper team team Marcare Marcare Marcare Marcare<	Can't access your acces	aff	

If you have a Google[™] account you can lock SafeSearch[™] on your family's computer so that 'strict filtering' is always in place and no-one except you can change the settings.

If you're not already signed in to your GoogleTM account, you'll be asked to sign in. Once you're signed in, click on 'Lock SafeSearch'.



The technology timeline for kids and teens is far from straightforward. Not every seven year old / 10 year old / 15 year old uses the same technologies – it depends on things like how mature they are, what their parents' views are and what devices they have access to at home, at school and at their friends' houses.

With this in mind, we decided not to divide all the contents of Digital Parenting by age group. But we do understand that it can be helpful to have specific advice by age, so we've pulled together some key action points to help your son or daughter enjoy their digital world and stay safer at various ages.

Essentials checklist

- ✓ THINK about how you guide your family in the real world and do the same in the digital world don't be afraid to set boundaries and rules for your child from a young age
- ✓ HAVE a go at some of the technologies your son or daughter enjoys play on the Wii together or ask them to help set you up on Facebook if you're not already a member
- TALK to your friends, family and other parents about how they help their children to manage their digital world – you might pick up some interesting tips
- MAKE the most of tools like Parental Controls on computers, mobiles and games consoles, privacy features on social networking sites, and safety options on Google and other search engines
- TRY not to use technology as a babysitter too often we all do it sometimes but it's important to know what your child is doing
- MAKE digital issues part of everyday conversation show your child that you understand how important technology is to them and talk about all its amazing benefits

<u>'Under 5' checklist</u>

- ✓ START setting some boundaries now it's never too early to do things like set limits for the amount of time they can spend on the computer
- KEEP devices like your mobile out of reach and make sure you have passwords/PINs set up on them for the times you might lend them to your child... or for when they simply get hold of them themselves!
- CHECK the age ratings and descriptions on apps, games, online TV and films before downloading them and allowing your son or daughter to play with or watch them
- EXPLAIN your technology rules to grandparents, babysitters and the parents of your child's friends so that they also stick to them when they're looking after your child
- REMEMBER that public Wi-Fi (e.g. in cafés) might not have Parental Controls on it so, if you hand over your iPad to your child while you're having a coffee, they might be able to access more than you bargained for
- SET the homepage on your family computer or tablet to an appropriate website like Cbeebies



<mark>'6 to 9' checklist</mark>

- CREATE a user account for your child on the family computer with appropriate settings and make the most of Parental Controls and tools like Google SafeSearch
- AGREE a list of websites they're allowed to visit and the kind of personal information they shouldn't reveal about themselves online (like the name of their school or their home address)
- ✓ DECIDE time limits for things like using the internet and playing on games consoles
- BEAR in mind what older siblings might be showing them on the internet, mobiles, games consoles and other devices and agree some rules as a whole family
- TALK to other parents about their views on things like what age to buy kids a mobile and don't be pressured by your child into letting them use certain technologies if you don't think they're old enough or mature enough... no matter how much they pester you
- ✓ FAMILIARISE yourself with age ratings and descriptions on games, online TV, films and apps, so that you can be sure your child is only accessing age-appropriate content

10 to 12' checklist

- MAKE sure you've set some tech boundaries before they get their first mobile or games console – once they have it in their hands, it can be more difficult to change the way they use it
- REMIND your child to keep phones and other devices well hidden when they're out and about to minimise the risk of theft
- TALK to them about what they post and share online written comments, photos and videos all form part of their 'digital footprint' and could be seen by anyone and available on the Web forever
- ✓ DISCUSS the kind of things they see online this is the age when they might be looking for information about their changing bodies and exploring relationships, for example
- HOLD the line on letting your son or daughter sign up for services like Facebook and YouTube that have a minimum age limit of 13 – talk to other parents and their school to make sure everyone is on the same page
- REMIND them that they shouldn't do anything online that they wouldn't do face-to-face

'13+' checklist

- DON'T think it's too late to reinforce boundaries or teach your child anything about technology – they might think they have the know-how but they still need your wisdom and guidance
- TALK to them about how they might be exploring issues related to their health, wellbeing and body image online – they might come across inaccurate or dangerous information on the Web at a vulnerable time
- DISCUSS how they behave towards others and what they post online and don't shy away from difficult conversations about things like pornography and other risky behaviours, such as sexting
- ✓ GIVE your son or daughter control of their own budget for things like apps and music but make sure you have agreed boundaries so that they manage their money responsibly



- DISCUSS things like downloading and plagiarism so that they understand what's legal and what's not
- ADJUST the settings on Parental Controls in line with your son or daughter's age and maturity – if they ask you to turn them off completely, think carefully before you do and agree in advance what is acceptable online behaviour



Buying a mobile phone? Questions to ask in the shop

Internet access

- Does this phone have internet access? What does this allow the phone to do?
- Is it possible to filter internet content that is potentially harmful for children?
- Is it possible to disable the internet browser to prevent my child from surfing the web?
- If my child accesses wifi from home, how can I ensure that filtering is still in place?
- How can this smartphone be used to watch films and TV or listen to music? Can I restrict access to content based on age ratings?

Communication

- What are the ways this device can be used to communicate with people?
- Are there any settings to prevent video calling?
- Are there any settings to prevent multiplayer gaming?
- How can I report unwanted or abusive calls or messages?

Apps

- Can I prevent my child from downloading apps which are not age appropriate?
- How can I report an app?
- Are there any apps which might help protect my child?

Protecting personal information

- How can you set a PIN to lock the phone when it is not being used?
- Does this phone have any location services? Are there any settings to prevent my child sharing their location?

Costs

- How could my child run up a bill using their smartphone? Are there parental controls or ways of restricting spending?
- How could my child spend money on apps or in-app content? Are there parental controls or ways of restricting spending?



Buy a gaming device? Question to ask in the shop

Gaming

- Is it possible to restrict access to games based on age ratings?
- How do I know if a game allows multiplayer gaming online?
- Is it possible to limit the amount of time my child can play their game?

Internet access

- Does this gaming device have internet access? What does this allow you to do?
- Is it possible to filter internet content that is potentially harmful for children?
- Is it possible to disable the internet browser to prevent my child from surfing the web?

Communication

• How can this gaming device be used to communicate with people by text, voice or video chat? Are there any parental controls to restrict this or ensure that my child only chats to people they know?

Films, Music and TV

- How can this device be used to watch films and TV or listen to music? Can I restrict access to content based on age ratings?
- Costs
- How could my child run up a bill using their gaming device? Are there parental controls or ways of restricting spending?
- Parental controls for different family members
- Can you put in place different parental control settings for each family member?



- 1. We will keep all personal information private including, home address, school name and address, email, home and mobile phone numbers and passwords.
- 2. We will never arrange to meet someone in the real world that we have only met online (without my parent/carer's knowledge and permission).
- 3. We will tell someone if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device, or if someone online is making us feel awkward or pressurising us (regardless of what I might have said to this person already).
- 4. We will only visit sites that we know are relevant to us. If we come across a website that is for adults then we will let a parent/carer know.
- 5. We will respect other people online by only sending or posting friendly messages.
- 6. We will only download files online from reliable and legal sources and if unsure we will check first with a parent/carer.
- 7. We will only buy or order something online when we have asked our parent/carer. This includes apps, in-app purchases and online games. We will keep credit card information safe and ensure the website we order or buy from has secure transactions highlighted by a lock, key or web address that begins https.
- 8. We will get permission from our friends and family before sending or posting photos of them online or via a mobile phone.
- 9. We will only use the internet and other technologies such as gaming devices for the agreed amount of time.
- 10. We know that some information online is not for kids. To stay safe we will put together a list of sites we really like and enjoy and will only visit sites on this list.
- 11. We understand that downloading music, games and films for free can be illegal. I will only use legal sites to download and will ask an adult if we are unsure.
- 12. We will ask a parent/carer before registering or signing up for things online, including competitions.
- 13. We will delete any unwanted email or spam without opening it first.
- 14. We will tell an adult if we receive frightening or bullying text messages or emails or any message with unacceptable content.
- 15. We will only open files from people that we know.
- 16. We will only link with contacts, eg. friend people on Facebook, that we know in the real world.

Parent Signature

Users Signature ___



<u>3G</u>

3rd generation of mobile telephony standards offering advanced features, such as email and video

Access control/filter

A bar that is put in place by eg an internet or mobile provider to prevent access to certain content

Anti-virus software

Prevents and removes computer viruses, such as worms and Trojan horses

<u>AOL</u>

Internet Service Provider (ISP) – <u>www.aol.com</u>

Apple

Designer and creator of Mac computers, OS X operating system, iPod, iTunes and iPhone – <u>www.apple.com</u>

Application (app)

A piece of software, often designed to run on smartphones and other mobile devices

App store

Online shop where you can download applications for eg mobiles and MP3 players

Attachment

A file sent by email

<u>Avatar</u>

A character/animation you can use to represent yourself online (eg in chat rooms) and in computer games

Back up

Making a copy of data you've stored on your computer or another deviceBanner adA form of advertising on the Web that appears in a "banner"

BBC

Largest broadcasting organisation in the world – <u>www.bbc.co.uk</u>

BBC iPlayer

A service that lets viewers catch up with BBC radio and TV programmes from the previous week – <u>www.bbc.co.uk/iplayer</u>



BBM (BlackBerry Messenger)

A free instant messaging app available on BlackBerry devices - www.blackberry.com

<u>Bebo</u>

A social networking website - www.bebo.com

Blackberry

A smart phone – <u>www.blackberry.com</u>

Block

Prevent access to a certain website or userBlogAn online journalBlogger.comA free blog publishing tool from Google – <u>www.blogger.com</u>

Bluebugging

Where a hacker takes control of a Bluetooth device

Bluejacking

The sending of unsolicited messages over Bluetooth

Bluetooth

A way of exchanging data over short distances between mobile devices

Bluesnarfing

Where someone gets unauthorised access to information on a Bluetooth device

Botnet

A collection of software robots (often malicious software) that run automatically

Broadband

High-speed internet

Browser

Allows access to the Web (eg Internet Explorer and Mozilla Firefox)

<u>Burn</u>

The process of copying files (eg music) from your computer onto a CD

Byron Review

A government report by Professor Tanya Byron investigating children's use of technology, such as the internet and games



Cbeebies

The BBC's children's channel and website – www.bbc.co.uk/cbeebies

CEOP

The UK's Child Exploitation and Online Protection Centre, which is dedicated to the eradication of the sexual abuse of children – <u>www.ceop.gov.uk</u>

Chat room

A place where people meet on the internet

Childnet

A non-profit organisation working with others to help make the internet a great and safe place for children –<u>www.childnet-int.org</u>

Cloud computing

Software services and applications that are provided via the internet rather than installed on your computer (e.g. iCloud)

Club Penguin

A virtual world for young children – <u>www.clubpenguin.com</u>

Coding

Another word for computer programming

Community guidelines

Guidance from eg internet and mobile providers to help users enjoy their services

Content control/filter

A bar that is put in place by eg an internet or mobile provider to prevent access to certain content

Convergence

The coming together of different technologies

<u>Cookie</u>

A piece of text stored on your computer by a Web browser that remembers information about you, such as websites you've visited

Copyright

This gives a content producer (eg an author or musician) exclusive rights to their work



Crowdsourcing

A way of outsourcing tasks to a group of people online

Cyberbullying

The use of technology, particularly the internet and mobiles, deliberately to upset someone else

Cyberlocker

A third party service for sharing files, such as documents or music

Dailymotion

A video-sharing website – <u>www.dailymotion.com</u>

Digital footprint

The trail you leave from digital activities and interactions, such as Web searches and uploaded photos

Download

The process of copying data (eg from the internet or an email attachment)

Drag and drop

Where a virtual object is selected and moved to a different location

DS

Games console by Nintendo – <u>www.nintendo.com/ds</u>

<u>eBay</u>

Auction website – <u>www.ebay.com</u>

E-commerce

Buying and selling products and services over the internet

<u>Email</u>

Exchanging messages over the internet

Email address

Address used to exchange messages over the internet

Encryption

The process of making electronic data unreadable to anyone without the "key"



<u>Equifax</u>

An online credit check company – www.equifax.co.uk

<u>ESRB</u>

Entertainment Software Rating Board age rating system – <u>www.esrb.org</u>

Experian

An online credit check company – <u>www.experian.co.uk</u>

Facebook

A social networking website - www.facebook.com

File sharing

The distribution of electronic files, such as documents or music

Fire Eagle

A location-based Web service – <u>www.fireagle.yahoo.net</u>

Firewall

Part of a computer or internet service, designed to block unauthorised access

Flag

Where you report something (eg an inappropriate video) to the company hosting it

Flaming

Posting negative or rude comments in an online forum

Flickr

A photo-sharing website – <u>www.flickr.com</u>

Gamcare

An organisation providing support to people with gambling problems - www.gamcare.org.uk

Geo-tagging

Where geographical identification data is added to things like photos or online messages via a GPS device, such as a smartphone

Google

Pre-eminent search engine – <u>www.google.co.uk</u>



Google Talk

Online chat and free internet calls – www.google.com/talk

<u>GPS</u>

Global Positioning System – a global navigation satellite system used for things like in-car navigation

Grooming

The process of befriending a child with the intent of sexually abusing them

<u>GSM</u>

Global System for Mobile Communications - the most popular standard for mobile phones

<u>Hackathon</u>

A 'hacking marathon' during which computer programmers work together intensively (e.g. non-stop for 24 hours) on the development of new software

Hacker

Someone who breaks into other people's computers

Happy slapping

Where someone films a bullying incident or an assault on a camera phone

Hate site

A website that promotes hatred against eg a specific race or sexual orientation

<u>HMV</u>

Entertainment retailer – www.hmv.com

<u>Host</u>

A company, such as an ISP, that runs internet servers

Hyperlink

A reference in a document or on the internet that links through to a different piece of information or website (also <u>Link</u>)

Identity theft

Where someone pretends to be someone else for financial or other personal gain

IMEI

International Mobile Equipment Identity – a unique number on your mobile, usually printed inside the battery compartment



IP address

Internet Protocol address – a unique number that identifies where you're accessing the internet from

In-app purchase

Additional content and features available for purchase once you're using an app

Instant Messaging

The process of sending short real-time messages over the internet

<u>ISP</u>

Internet Service Provider - a company that offers users access to the internet

<u>iPhone</u>

An Apple mobile with built-in music player, video camera, mobile internet and email

<u>iPod</u>

A portable media player by Apple

iPod Touch/iTouch

A portable media player by Apple incorporating music, films, websites, games and applications

<u>iTunes</u>

Apple's digital music store – <u>www.apple.com/itunes</u>

<u>IWF</u>

Internet Watch Foundation, the UK hotline for reporting illegal content on the internet – <u>www.iwf.org.uk</u>

<u>Jajah</u>

VoIP service – <u>www.jajah.com</u>

Last.fm

Online music catalogue offering streaming, videos, pictures, lyrics, charts and more – www.last.fm

<u>Link</u>

A reference in a document or on the internet that links through to a different piece of information or website (also <u>Hyperlink</u>)

<u>LinkedIn</u>

A networking website for business people – <u>www.linkedin.com</u>



LiveJournal

A free online journal and blogging service – <u>www.livejournal.com</u>

Login

The credentials you use to access a computer or website (eg name and password)

Log in/Log off

The process of accessing a computer (log in) and closing off your access (log off)

Loopt

Location-based service – <u>www.loopt.com</u>

Malware

Malicious software, such as viruses and worms, that infiltrates computers

Memory stick

A portable memory device for storing data and transferring it between devices

Message board

An online discussion website

Microsoft

Software company with products including Windows operating system and the Xbox games system – <u>www.microsoft.com</u>

<u>Mumsnet</u>

Leading parenting website – <u>www.mumsnet.com</u>

<u>MMS</u>

Multimedia Messaging Service – the process for sending images, audio and video between mobiles

<u>Moblog</u>

Mobile blogging (see <u>Blog</u>)

Moderator

Someone who monitors chat rooms and other online forums and takes action against disruptive or offensive behaviour

Moshi Monsters

An online game for children – www.moshimonsters.com



<u>MP3</u>

MPEG-1 Audio Layer 3 – a common format for digital music filesMP3 PlayerA device for playing MP3 files (eg<u>iPod</u>)

<u>MSN</u>

Microsoft portal – <u>www.uk.msn.com</u>

MySpace

A social networking website – <u>www.myspace.com</u>

Net Nanny

Parental Controls software – <u>www.netnanny.com</u>

Nintendo

Manufacturer of DS and Wii games consoles - www.nintendo.com

<u>Nokia</u>

Mobile phone manufacturer – www.nokia.com

<u>Ofcom</u>

Independent regulator of UK communications industry – <u>www.ofcom.org.uk</u>

Parental controls

Tools that help parents to protect their children online and on other devices – eg by controlling which websites they can visit or from whom they can receive email

Password

A secret combination of letters, symbols and numbers used to prove your identity when you log on to eg your computer or a particular website

<u>P2P</u>

Peer-to-peer - a network on which users can share files

<u>PDA</u>

Personal Digital Assistant – a handheld computer

<u>PEGI</u>

Pan-European Game Information age rating system – www.pegi.info

Pharming

A security attack where traffic is redirected from a legitimate website to a bogus website



Phishing

Unsolicited emails or texts sent in an attempt to get personal information (eg passwords and credit card details) from you

PhonepayPlus

The UK's regulatory body for premium rate telecoms services – <u>www.phonepayplus.org.uk</u>

<u>PIN</u>

Personal Identification Number - a way of locking your mobile and other devices

PlayStation

Games system by Sony – <u>www.uk.playstation.com</u>

Plug-in

A set of software components that add capabilities to a larger software application (e.g. a video plug-in in a Web browser)

Pop-up

A form of advertising on the Web that appears in a "pop-up" window

Premium rate service/Phone paid service

A paid mobile service (eg ringtone downloads or competition entries)

Privacy settings

Tools provided by eg internet and social networking providers to help you maintain your privacy online

Profile

A description of you (name, hobbies etc) on eg a social networking website

<u>PSP</u>

PlayStation Portable games console from Sony – <u>www.uk.playstation.com/psp</u>

Rogue app

A piece of malicious software disguised as a mobile Web application

<u>Rummble</u>

A location-based Web service – <u>www.rummble.com</u>

RuneScape

Online adventure game – <u>www.runescape.com</u>



<u>SAR</u>

Specific Absorption Rate – the measurement of how much electromagnetic radiation is absorbed by body tissue whilst using a mobile phone

<u>Scam</u>

An unsolicited email or text sent by a fraudster (eg asking you for financial help or claiming that you've won a prize)

Search engine

A tool that searches for information on the Web (eg Google)

Set-top box

A device that connects your TV to the source of the signal

<u>SIM</u>

Subscriber Identity Module used to identify a mobile user

<u>Sky</u>

Multi-channel TV operator – <u>www.sky.com</u>

<u>Skype</u>

A service that enables you to make free calls over the internet – <u>www.skype.com</u>

Smart phone

A mobile with advanced features like email and internet access

<u>SMS</u>

Short Message Service - a way of sending text messages between mobiles

Social networking

An online community such as <u>Bebo</u>, <u>Facebook</u> or <u>MySpace</u>

Sony

Manufacturer of PlayStation and PSP – <u>www.uk.playstation.com</u>

<u>Spam</u>

Unsolicited email or text messagesSpotifyA digital music service - <u>www.spotify.com</u>

Spyware

A type of malicious software that collects information about you without your knowledge



Stardoll

Online community aimed at girls – <u>www.stardoll.com</u>

Stream ripping app

A way of saving MP3 files from streamed music on the internet for free

Streaming

A way of delivering data (eg music or video) over the internet

<u>Tablet</u>

A mobile computer, such as the iPad or Samsung Galaxy Tab

Tag

A way of assigning a piece of information or an image to a particular person

Terms of Service/Terms of Use

Terms and Conditions put in place by eg internet and mobile providers

Text messaging

The process of sending a written message to someone's mobile (see <u>SMS</u> and <u>MMS</u>)

Torrent tracker

Torrent sites let you download content via BitTorrent, the fastest P2P protocol

Trojan horse

A type of malicious software that can give unauthorised access to your computer

Truphone

A VoIP service – <u>www.truphone.com</u>

Tweet

A post/status update on Twitter – <u>www.twitter.com</u>

<u>Twitter</u>

A micro-blogging service – <u>www.twitter.com</u>

<u>Upload</u>

The process of loading and sending a file on your computer or over the internet



URL

Universal Resource Locator - commonly referred to as a Web address

User-generated content

(UGC)Online content (eg blogs and videos) created by users

User name

The name you use to log on to your computer, the internet and other devices

<u>Virus</u>

A malicious programme that can corrupt files on your computerVlogVideo blogging (see <u>Blog</u>)

<u>VolP</u>

Voice over Internet Protocol, a way of delivering voice communications

Vonage

A VoIP service – <u>www.vonage.com</u>

WAP

Wireless Application Protocol – enables access to the internet from mobiles and PDAs (see PDA)

<u>Webcam</u>

A small video camera built in to or attached to a computer or laptop

<u>Wii</u>

Games console by Nintendo – <u>www.uk.wii.com</u>

<u>Wi-Fi</u>

Broadband without wires

<u>Wiki</u>

A website based on user-generate content

<u>Wikipedia</u>

A free online encyclopaedia that anyone can edit

Windows Live Messenger

An instant messaging / IM service by Microsoft (formerly called MSN Messenger) – <u>www.home.live.com</u>



Wireless network

A computer network that doesn't require cables

World of Warcraft

Online adventure game – <u>www.worldofwarcraft.com</u>

Worm

A malicious programme that can infect your computerXangaA blogging community – <u>www.xanga.com</u>

<u>Xbox</u>

Games console by Microsoft – <u>www.xbox.com</u>

Yahoo!

Global online network of community services including email and chat - <u>www.yahoo.com</u>

<u>YouTube</u>

A video-sharing website – <u>www.youtube.com</u>

<u>Zombie</u>

A computer attached to the internet that has been compromised by a hacker