



Dear Parents and Carers,

Russell Hall Primary School welcomes all children, regardless of their individual toileting needs. One of our priorities is to help them develop confidence and skills within all areas of 'Health and Self-care', including remaining clean and dry throughout the day. However we understand that all children are different and although most children will be toilet trained when they start Nursery, some will still require adult support. If your child is not fully toilet trained when they begin Nursery we can work together to support this process. You must support your child at home as it is an expectation that children are toilet trained when they begin Nursery. Working together we estimate that your child will be fully trained within approximately four weeks or sooner. If this process is not successful please discuss with Nursery staff and we can refer your child to the school nurse for advice. Unfortunately we do not have dedicated facilities for changing nappies.

### **Accidents do happen!**

We make little fuss over accidents that do occur and ensure they are dealt with quickly and sympathetically in a calm way. If your child does have an accident in Nursery we want them to remain as comfortable as possible, therefore we will change your child's clothing and an adult will ensure they are clean and dry.

### **Working as a partnership**

Our aim is to help all children to independently use the toilet in Nursery with confidence. To help make this as smooth as possible for your child, there are a few things you can do to help them.

Clothing:

1. Please provide clothing that is easy to manage when toileting. Clothing with elasticated waists and no zips or buttons is most helpful.
2. Please provide plenty of changes of pants/trousers/socks in case of accidents.

### **Routines:**

1. Please ensure your child is taken to the toilet at the last possible time before leaving home.
2. Children may be anxious and pre-occupied by toilet difficulties but they will usually respond to praise, encouragement and confidence building. So even if your child is having several accidents at Nursery, please try and remain positive to build their self-esteem.
3. We will prompt your child to go to the toilet throughout the day but please can you talk to your child about letting an adult know if they do have an accident.
4. We do encourage all children to have a go at cleaning/wiping themselves after using the toilet, so please continue this at home. We will help and give assistance to any child who asks for help.

If you feel your child has any additional needs please speak to Nursery staff and we will work together to meet the individual needs of your child.

We can also point you in the right direction for further support with potty training and other related issues.

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