

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<b>Me and my Relationships</b> Marvellous me! I'm special People who are special to me	<b>Valuing Difference</b> Me and my friends Friends and family Including everyone	<b>Keeping Safe</b> People who help me and keep me safe Safety Indoors and Outdoors What's safe to go into my body	<b>Rights and Respect</b> Looking after myself Looking after others Looking after my environment	<b>Being my Best</b> What does my body need? I can keep trying I can do it!	<b>Growing and Changing</b> Growing and changing in nature When I was a baby Girls, boys and families
Reception	<b>Me and my Relationships</b> All about me What makes me special Me and my special people Who can help me? My feelings	<b>Valuing Difference</b> I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend	<b>Keeping Safe</b> What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe	<b>Rights and Respect</b> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	<b>Being my Best</b> Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep	<b>Growing and Changing</b> Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys
Year 1	<b>Me and my Relationships</b> Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends	<b>Valuing Difference</b> Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons	<b>Keeping Safe</b> Super sleep Who can help? (1) Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey	<b>Rights and Respect</b> Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	<b>Being my Best</b> I can eat a rainbow Eat well Harold's wash and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise!	<b>Growing and Changing</b> Healthy me Then and now Taking care of a baby Who can help? (2) Surprises and secrets Keeping privates private

Year 2	<b>Me and my Relationships</b> Our ideal classroom How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! Bullying or teasing?	<b>Valuing Difference</b> What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem	<b>Keeping Safe</b> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell?	<b>Rights and Respect</b> Getting on with others When I feel like erupting Feeling safe Playing games Harold saves for something special Harold goes camping How can we look after our environment?	<b>Being my Best</b> You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... Basic first aid	<b>Growing and Changing</b> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept
Year 3	<b>Me and my Relationships</b> As a rule Looking after our special people How can we solve this problem? Tangram team challenge Friends are special Thanks Dan's dare My special pet	<b>Valuing Difference</b> Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb	<b>Keeping Safe</b> Safe or unsafe? Danger or risk? The Risk robot Super Searcher Help or harm? Alcohol and cigarettes: the facts Raisin challenge	<b>Rights and Respect</b> Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project Let's have a tidy up!	<b>Being my Best</b> Derek cooks dinner! (healthy eating) Poorly Harold Body team work For or against? I am fantastic! Top talents Getting on with your nerves!	<b>Growing and Changing</b> Relationship tree Body space None of your business! Secret or surprise? Basic first aid
Year 4	<b>Me and my Relationships</b> Human machines Ok or not ok? An email from Harold! Different feelings When feelings change Under pressure	<b>Valuing Difference</b> Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands	<b>Keeping Safe</b> Danger, risk or hazard? How dare you! Keeping ourselves safe Picture wise Medicines: check the label Know the norms Traffic lights	<b>Rights and Respect</b> Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Harold's expenses Why pay taxes? Logo quiz	<b>Being my Best</b> What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community ( Basic first aid Volunteering is cool	<b>Growing and Changing</b> Moving house My feelings are all over the place! All change! Preparing for changes at puberty Secret or surprise? Together

Year 5	<b>Me and my Relationships</b> Collaboration Challenge! Give and take Communication How good a friend are you? Relationship cake recipe Our emotional needs Being assertive	<b>Valuing Difference</b> Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes It could happen to anyone	<b>Keeping Safe</b> Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it? 'Thinking' about habits Drugs: true or false? Smoking: what is normal?	<b>Rights and Respect</b> What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils	<b>Being my Best</b> It all adds up! Different skills My school community Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness	<b>Growing and Changing</b> How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help! I'm a teenager - get me out of here! Dear Hetty
Year 6	<b>Me and my Relationships</b> Working together Let's negotiate Solve the friendship problem Dan's day Behave yourself Assertiveness skills Don't force me Acting appropriately	<b>Valuing Difference</b> OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes	<b>Keeping Safe</b> Think before you click! It's a puzzle To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story	<b>Rights and Respect</b> Two sides to every story Fakebook friends What's it worth? Jobs and taxes Happy shoppers - caring for the environment Action stations! Project Pitch Democracy in Britain 1 Elections How (most) laws are made Community art	<b>Being my Best</b> This will be your life! Our recommendations What's the risk? Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	<b>Growing and Changing</b> I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? Making babies