## Russell Hall Primary School

## **Governor Profile**



Name: Emma John-Baptiste

**Type of Governor:** I am a Parent Governor at Russell Hall School

Why I want to be a Governor at Russell Hall: The reason I wanted to become a school governor is because I believe that if you live in an environment, and you believe you can facilitate improvements, it should be your mission to help! Also, I am hoping to bring my experiences promoting well-being and mindfulness into school, to help both staff and pupils partake in relaxation and calming methods.

**Background:** I have worked the last 20 years as a Beauty trainer and assessor, while working in various salons. Two years ago, I opened my own beauty salon in Queensbury Village. I also have my own social and community group called Bee Empowered Which runs well-being, classes for women from my Salon.

**Skills and areas of interest:** Since living here, I realise there was a lack of support and friendship groups specifically for women, and I love making new friends, so decided to make one myself.

**Hobbies:** In my spare time, I love to read, spend time with family and friends. My sons and I love to spend time together and go on days out to adventure playgrounds, record stores, and of course, restaurants, with amazing milkshakes.