

RSE information for parents

	<p style="text-align: center;">Relationships education</p> <p style="color: red;">Families and People who Care for me</p> <p style="color: blue;">Caring Friendships</p> <p style="color: green;">Respectful Relationships</p> <p style="color: purple;">Online Relationships</p> <p style="color: orange;">Being Safe</p>	<p style="text-align: center;">Sex education</p>
<p>Year 1</p>	<ul style="list-style-type: none"> <li>• I can tell you about different types of families.</li> <li>• I can tell you why all families deserve respect.</li> <li>• I can tell you about the people important to me in my family.</li> <li>• I can tell you how families can change and some of the emotions related to this.</li> <li>• I can tell you how families help each other in times of difficulty.</li> </ul> <p>All to be taught through the story My Big Fantastic Family.</p> <ul style="list-style-type: none"> <li>• I can tell you how people choose and make friends.</li> <li>• I can tell you what makes a good friend.</li> <li>• I can tell you how my friends make me happy and how I make my friends happy.</li> <li>• I can tell you how I make others feel welcome and included.</li> <li>• I know what to do if a friend is making me unhappy.</li> </ul> <p>All to be taught through the story The Friendship Bench.</p>	
<p>Year 2</p>	<ul style="list-style-type: none"> <li>• I can tell you how to recognise the dangers of being online.</li> <li>• I can tell you the rules and principles for keeping safe online.</li> <li>• I can tell you how to report problems I have online.</li> </ul> <p>All to be taught through the story Chicken Clicking.</p>	<ul style="list-style-type: none"> <li>• I can say the names of the different parts of the body (including external genitalia) and the differences between boys and girls.</li> <li>• I can tell you why pants are private.</li> <li>• I can tell you what type of physical contact is acceptable/ comfortable/ unacceptable/ uncomfortable and how to respond if I am uncomfortable.</li> <li>• I can tell you what I can do if I feel unsafe in variety of situations.</li> </ul>

		<ul style="list-style-type: none"> <li>I can tell you the difference between secrets and nice surprises and the importance of not keeping any secret that makes me feel uncomfortable or afraid.</li> </ul> <p>All to be taught through the story Aliens Love Underpants.</p>
Year 3	<ul style="list-style-type: none"> <li>I can tell you the characteristics of a good friend.</li> <li>I can tell you some ways I can manage friendship problems.</li> <li>I can tell you what impact bullying or cyberbullying can have and how someone experiencing bullying can stand up to this or get help.</li> <li>I can tell you how bystanders can help prevent bullying.</li> <li>I can tell you some ways that I can improve my friendships.</li> </ul> <p>All to be taught through the story The Hundred Dresses.</p>	<ul style="list-style-type: none"> <li></li> </ul>
Year 4	<ul style="list-style-type: none"> <li>I can tell you the risks of making friends online including the risks of talking to people I have never met and how people sometimes pretend to be someone they are not.</li> <li>I can tell you why it is important to treat people online the same as you treat people in person.</li> <li>I can tell you some strategies for managing online bullying.</li> </ul> <p>All to be taught through the story The Penguin Pig.</p> <ul style="list-style-type: none"> <li>I can tell you how friends should treat each other.</li> <li>I can politely say 'no' when I don't want to do something.</li> <li>I can explain that friendships have ups and downs.</li> <li>I can tell you some ways I can repair a damaged friendship.</li> <li>I can explain how rules and laws protect me and others</li> </ul> <p>All to be taught through the story This Moose Belong to Me.</p> <ul style="list-style-type: none"> <li>I can tell you how I show respect to people who have different beliefs to me.</li> <li>I can tell you about some of the different types of bullying (including</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>

	<p>online bullying) and I can tell you some strategies to resist this and to get help.</p> <p>To be taught through the story The Proudest Blue.</p>	
Year 5	<ul style="list-style-type: none"> <li>• I can tell you why people choose to get married and some of the factors that go into that decision.</li> <li>• I can tell you about the laws related to marriage and how these may differ in other countries.</li> <li>• I can tell you about the different values and customs related to marriage in different countries and I can tell you how I show respect for different types of marriage.</li> <li>• I can tell you about traditions that are important to my family.</li> <li>• I can tell you about a range of national, regional, religious and ethnic identities in the United Kingdom.</li> </ul> <p>All to be taught through the story Ritu Weds Chandi.</p> <ul style="list-style-type: none"> <li>• I can tell you some of the reasons why married or unmarried couple may choose to separate.</li> <li>• I am aware of some of the feelings associated with separation and other family changes.</li> <li>• I can tell you some strategies for dealing with feelings related to separation.</li> <li>• I can tell you what an affirmation is and can write one for myself.</li> <li>• I can explain how I could help a friend who is experiencing a difficult situation.</li> </ul> <p>To be taught through the story Mum and Dad Glue.</p>	<ul style="list-style-type: none"> <li>• I can tell you the basic changes that happen during puberty.</li> <li>• I can tell you how my emotions will change during puberty.</li> <li>• I can explain that all people will experience puberty differently.</li> <li>• I can tell you how to get advice if I am unsure about anything relating to puberty.</li> <li>• I can tell you all the positive things about growing up.</li> </ul> <p>All to be taught to the story Pizza Face.</p>
Year 6	<ul style="list-style-type: none"> <li>• I can tell you about a wide range of family arrangements and how these can benefit people.</li> <li>• I can tell you what a stereotype is, and how stereotypes can be unfair, negative or destructive.</li> </ul> <p>To be taught through the story Anne Frank.</p>	<ul style="list-style-type: none"> <li>• I can describe how a baby is made using accurate language.</li> <li>• I can explain that reproduction requires maturity and why there is a legal age to have sex.</li> <li>• I can tell you what happens between conception and birth.</li> <li>• I can tell you about the needs of newborn babies and what it is like to be a parent.</li> </ul>

		To be taught through the story Making a Baby.
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