

RSE information for parents

	Relationships education Families and People who Care for me Caring Friendships Respectful Relationships Online Relationships Being Safe	Sex education
Year 1	- I can tell you about different types of families. - I can tell you why all families deserve respect. - I can tell you about the people important to me in my family. - I can tell you how families can change and some of the emotions related to this. - I can tell you how families help each other in times of difficulty. All to be taught through the story My Big Fantastic Family. - I can tell you how people choose and make friends. - I can tell you what makes a good friend. - I can tell you how my friends make me happy and how I make my friends happy. - I can tell you how I make others feel welcome and included. - I know what to do if a friend is making me unhappy. All to be taught through the story The Friendship Bench.	
Year 2	- I can tell you how to recognise the dangers of being online. - I can tell you the rules and principles for keeping safe online. - I can tell you how to report problems I have online. All to be taught through the story Chicken Clicking.	- I can say the names of the different parts of the body (including external genitalia) and the differences between boys and girls. - I can tell you why pants are private. - I can tell you what type of physical contact is acceptable/ comfortable/ unacceptable/ uncomfortable and how to respond if I am uncomfortable. - I can tell you what I can do if I feel unsafe in variety of situations.

		I can tell you the difference between secrets and nice surprises and the importance of not keeping any secret that makes me feel uncomfortable or afraid. All to be taught through the story Aliens Love Underpants.
Year 3	- I can tell you the characteristics of a good friend. - I can tell you some ways I can manage friendship problems. - I can tell you what impact bullying or cyberbullying can have and how someone experiencing bullying can stand up to this or get help. - I can tell you how bystanders can help prevent bullying. - I can tell you some ways that I can improve my friendships. All to be taught through the story The Hundred Dresses.	
Year 4	- I can tell you the risks of making friends online including the risks of talking to people I have never met and how people sometimes pretend to be someone they are not. - I can tell you why it is important to treat people online the same as you treat people in person. - I can tell you some strategies for managing online bullying. All to be taught through the story The Penguin Pig. - I can tell you how friends should treat each other. - I can politely say 'no' when I don't want to do something. - I can explain that friendships have ups and downs. - I can tell you some ways I can repair a damaged friendship. - I can explain how rules and laws protect me and others All to be taught through the story This Moose Belong to Me. - I can tell you how I show respect to people who have different beliefs to me. - I can tell you about some of the different types of bullying (including	

	online bullying) and I can tell you some strategies to resist this and to get help. To be taught through the story The Proudest Blue.	
Year 5	• I can tell you why people choose to get married and some of the factors that go into that decision. • I can tell you about the laws related to marriage and how these may differ in other countries. • I can tell you about the different values and customs related to marriage in different countries and I can tell you how I show respect for different types of marriage. • I can tell you about traditions that are important to my family. • I can tell you about a range of national, regional, religious and ethnic identities in the United Kingdom. All to be taught through the story Ritu Weds Chandi. • I can tell you some of the reasons why married or unmarried couple may choose to separate. • I am aware of some of the feelings associated with separation and other family changes. • I can tell you some strategies for dealing with feelings related to separation. • I can tell you what an affirmation is and can write one for myself. • I can explain how I could help a friend who is experiencing a difficult situation. To be taught through the story Mum and Dad Glue.	• I can tell you the basic changes that happen during puberty. • I can tell you how my emotions will change during puberty. • I can explain that all people will experience puberty differently. • I can tell you how to get advice if I am unsure about anything relating to puberty. • I can tell you all the positive things about growing up. All to be taught to the story Pizza Face.
Year 6	• I can tell you about a wide range of family arrangements and how these can benefit people. • I can tell you what a stereotype is, and how stereotypes can be unfair, negative or destructive. To be taught through the story Anne Frank.	• I can describe how a baby is made using accurate language. • I can explain that reproduction requires maturity and why there is a legal age to have sex. • I can tell you what happens between conception and birth. • I can tell you about the needs of newborn babies and what it is like to be a parent.

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